



CONNECTING
COMMUNITIES



Strengthening linkages between legal and community agencies

TIPS for TRAINING ADULTS

Adults must want to learn

- Best learning when there is a strong inner motivation to develop a new skill or acquire a particular type of knowledge

Adults will learn what they feel they need to learn

- Adults are practical in their approach to learning; they want to know, “How is this going to help me now?”
- Be practical and direct

Adults learn by doing

- Information should be relevant and useable

Adult learning focuses on realistic problems

- Adults start with a problem and then work to find a solution

Base Adult learning in the real life experience of the learners

- Adults learn best in an informal situation
- Involve participants in the learning process: identification of issues and solutions

Adult education based on guidance and offering a range of choices

- Adults generally don't want to be told what to do but to be offered options